



2021 - 2022 PATCH Program Impact Report



Providers And Teens Communicating for Health

2021 - 2022 Program Year Summary

The PATCH Program has an online data sharing process to gather information from each of its licensed PATCH Sites. This Impact Report is a descriptive summary of what was submitted between July 1, 2021 and June 30, 2022.

Overview

- 7** PATCH Teen Educator Programs
 - PATCH for Hope Buffalo
 - PATCH Green Bay (1st Year)
 - PATCH La Crosse
 - PATCH Madison
 - PATCH Milwaukee (1st Year Re-Launch)
 - PATCH Wausau
 - PATCH WoCo (1st Year)
- 58** Trained & Certified PATCH Teen Educators
- 24** PATCH for Providers Workshops
- 423** Provider Workshop Participants
- 47** PATCH for Teens: Peer-to-Peer Workshops
- 787** Teen Workshop Participants

What I like the most about PATCH is how informative the program is. I love how I am able to learn something new with every Enrichment Meeting I attend.
 - PATCH Teen Educator

PATCH made me more aware of the things around me and how to advocate for myself.
 - PATCH Teen Educator

I think retention of teens was a big success. We had good attendance throughout the year. The teens seemed to bond and really enjoy the program. I think we also succeeded in spreading the word about the PATCH program locally, and had others reaching out to us for workshops. I think the majority of our workshops went really well and were positively received by audiences.
 - PATCH Site Coordinator

One challenge was that COVID still played an impactful role in our ability to schedule and host workshops. Lots of clinicians declined to opportunity to have a workshop due to increases in their demands for work.
 - PATCH Site Coordinator

We had a FANTASTIC series of guest speakers. Most of our Enrichment Meetings were super interesting, engaging, and educational. Teens really loved to connect with other professionals and organizations.
 - PATCH Site Coordinator

I liked getting to know people with different backgrounds and being able to have a space that I felt comfortable in.
 - PATCH Teen Educator

It made me better at communicating which will definitely help me in the future.
 - PATCH Teen Educator

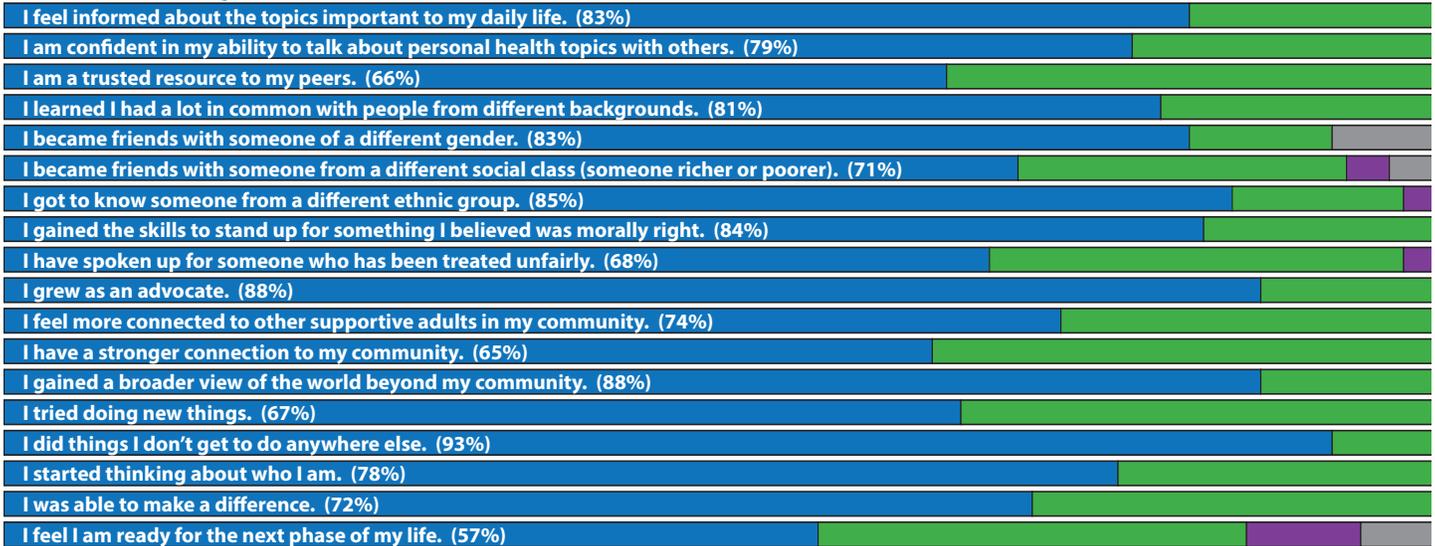
PATCH Teen Educators' Self-Reported Outcomes



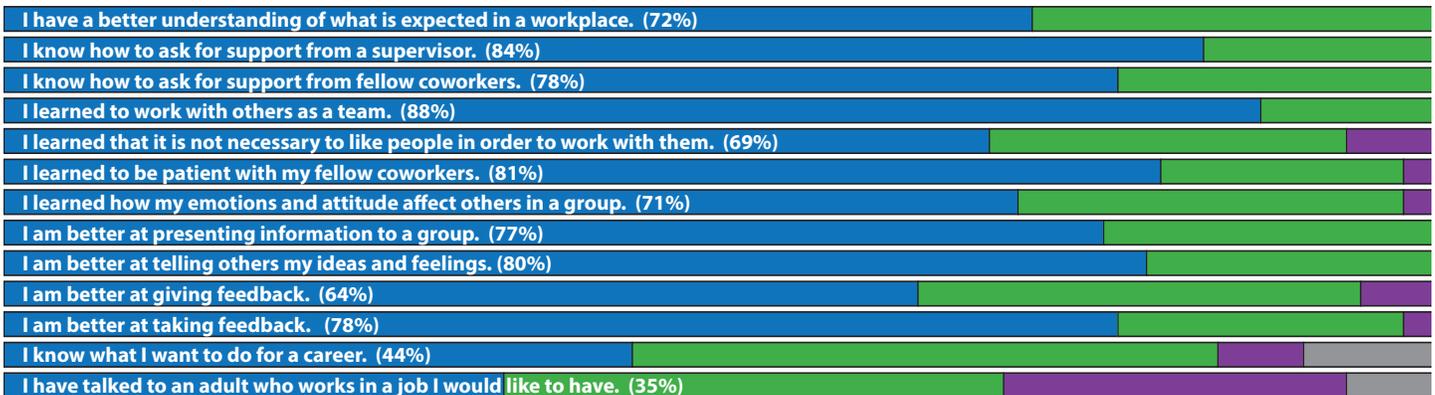
At PATCH...



Because of my involvement in PATCH...



Because of my involvement in PATCH...



100%

believe that PATCH has been a positive turning point in their life

97%

believe PATCH has opened up job or career opportunities for them

Teen Educators rated PATCH 4.83/5

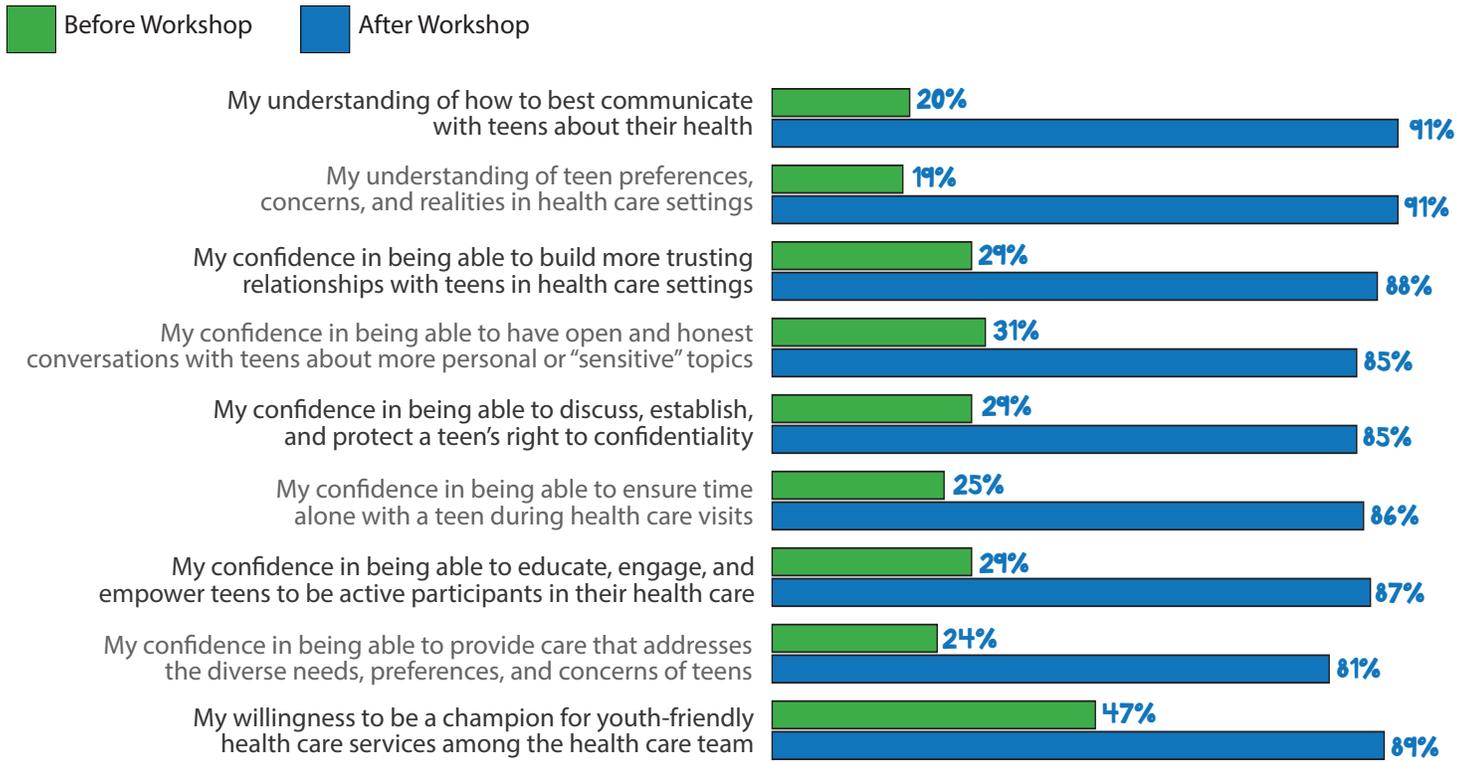


At the END of the program year, Teen Educators self-identified as:

- **AGE:** 15 or younger (7%), 16 (33%), 17 (31%), 18 or older (29%)
- **RACE/ETHNICITY:** Black/African American (10%), Hispanic/Latinx (10%), White/Caucasian (45%), Multi-Racial (26%), Other Identities (9%)
- **GENDER:** Female (71%), Male (14%), Other Identities (14%)

PATCH for Providers Workshops

Percentage of workshop participants who self-reported "high" or "very high"...



What else they told us...

91%

said the likelihood that they would change the way they interact and care for teens because of the PATCH workshop was "high" or "very high".

90%

said the likelihood that they would utilize the knowledge and resources gained from the PATCH workshop in their practice was "high" or "very high".

After the PATCH workshop, I am more cognizant of the language I use when communicating about sensitive topics and am careful of phrasing when asking about sensitive subjects.

This was a great way to provoke active thinking and provide examples and strategies for communication!

I expected to not LOVE this workshop since I don't usually enjoy working with kids/teens, but this completely changed my perspective on that. I would gladly work with any of those teens at any time. I feel like my perception changed so much for the better. Thanks!

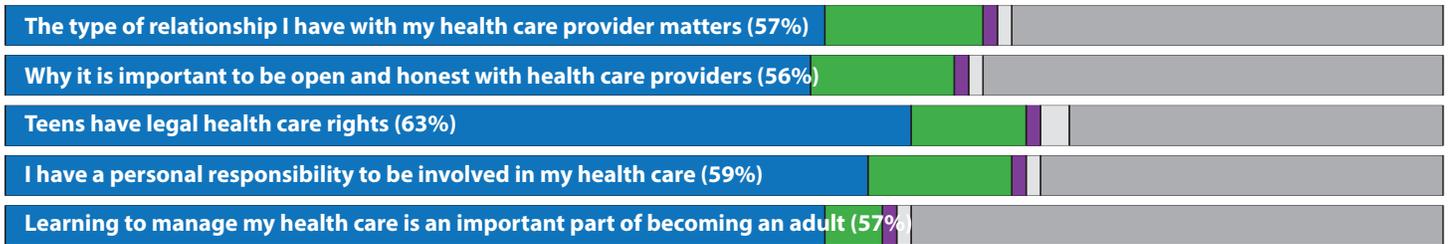
Overall rating = 4.58/5



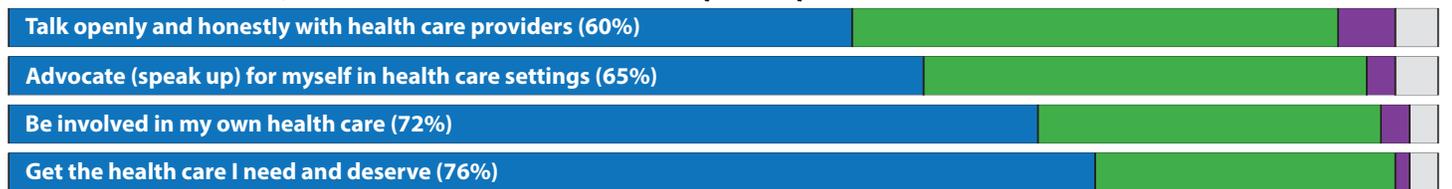
PATCH for Teens: Peer-to-Peer Workshops

■ Completely Agree
 ■ Kind of Agree
 ■ Kind of Disagree
 ■ Completely Disagree
 ■ Already Knew or Already Do

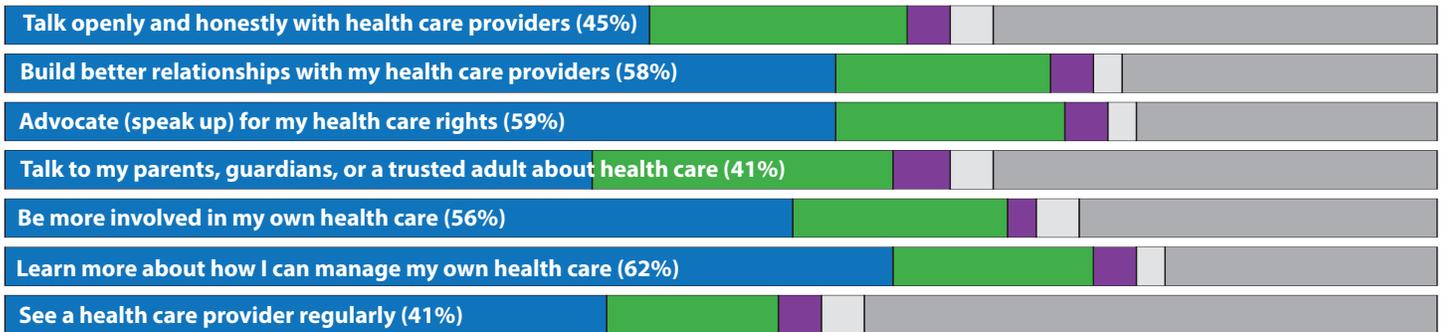
Because of PATCH, I now KNOW...



Because of PATCH, I am MORE CONFIDENT in my ability to...



Because of PATCH, I PLAN to...



They thought the PATCH Workshop was...

93%
Interesting

95%
Useful

97%
Easy to Understand

90%
Fun

91% said they learned a lot from PATCH

91% said they liked learning from other teens

Overall rating = 4.25/5



The teen speakers rocked! They were absolutely great at engagement, asking questions, and they knew what they were doing!

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The PATCH Program has an online data sharing process to gather information from each of its licensed PATCH Sites. This Impact Report is a descriptive summary of what was submitted between July 1, 2021 and June 30, 2022.

Overview

- 3** PATCH Youth Advocacy Fellowships
 - General Health & Wellness (WI)
 - Sexual & Reproductive Health (WI)
 - Social & Emotional Health (WI)
- 32** Trained & Certified PATCH Youth Advocates
- 25** PATCH Consulting Sessions

Consulting Sessions

Overall rating = 4.25/5



During this program year, PATCH Youth Advocates...

- Increased access to free menstrual products in the classrooms provided by their schools.
- Increased trauma-informed care training for teachers in school.
- Advocated to improve sexual education curriculum in their schools.
- Researched barriers to voting in hopes of having more diverse elected officials.
- Educated staff in their school districts on LGBTQIA+ inclusivity including pronouns and other important topics.
- Increased representations of artists with different abilities in school curricula.

AND SO MUCH MORE!!!

I really valued the advocates openness and awareness to discuss divisive topics based on their lived experiences. The Fellowship Coordinators have created such a safe space for youth to be themselves - which makes it easier as a consultant to come in and learn from them!

- PATCH Consulting Client

I loved that they gave their honest feedback. They were great at being constructive and I could tell they were truly trying to think of ways to improve my work.

- PATCH Consulting Client

Our entire billboard design and language has been changed and is now posted in the county!

- PATCH Consulting Client

The Coordinator was super helpful in facilitating the discussion when needed. I honestly liked all of it! I was super nervous beforehand but I'm really happy with how it went.

- PATCH Consulting Client

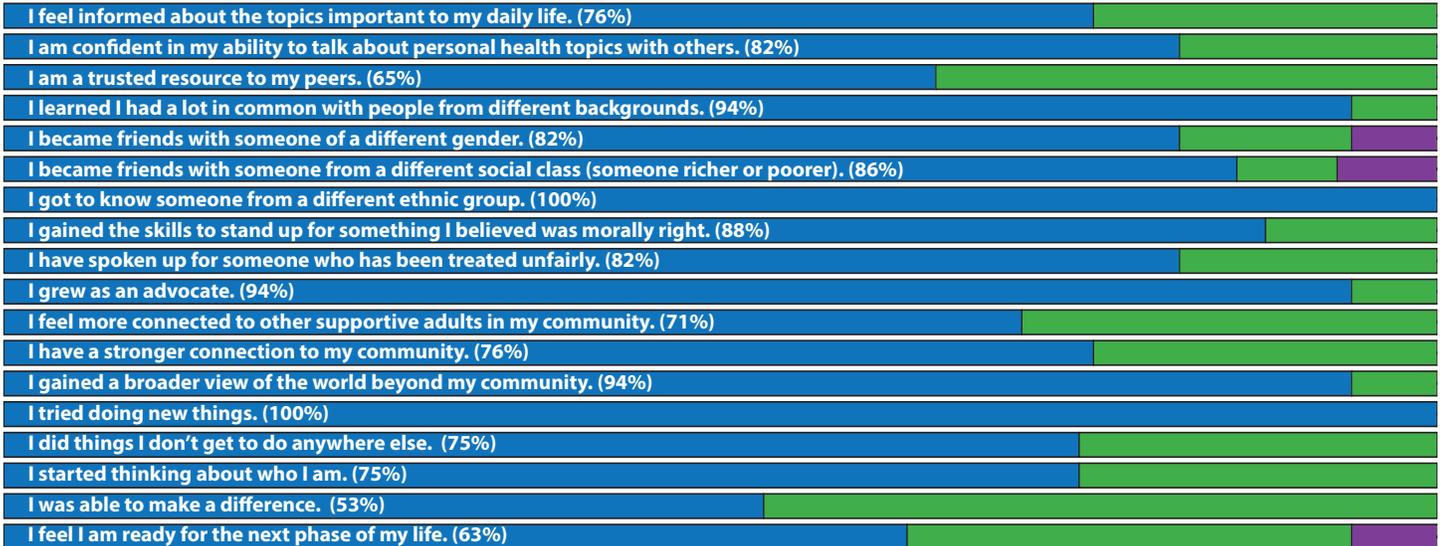
PATCH Youth Advocates' Self-Reported Outcomes



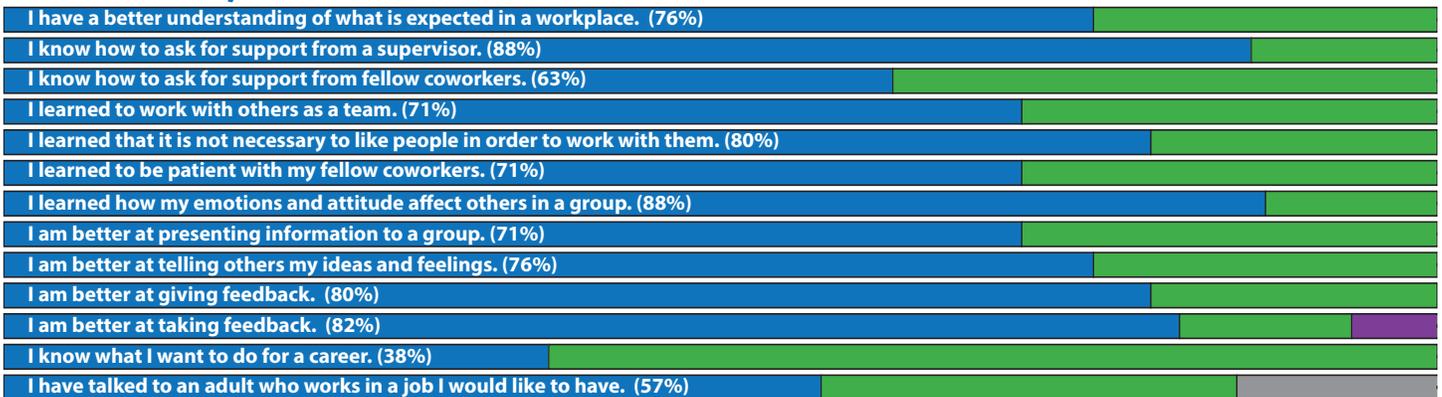
At PATCH...



Because of my involvement in PATCH...



Because of my involvement in PATCH...



94%

believe that PATCH has been a positive turning point in their life

Youth Advocates rated PATCH 4.88/5



93%

believe PATCH has opened up job or career opportunities for them

At the END of the program year, Youth Advocates Self-identified as:

- **AGE:** 14 or younger (6%), 15 (18%), 16 (24%), 17 (24%), 18 or older (29%)
- **RACE/ETHNICITY:** Asian/Asian American (18%), Black/African American (24%), White/Caucasian (29%), Multi-Racial (29%)
- **GENDER:** Female (59%), Male (18%), Other Identities (24%)

I love the community that PATCH promotes. Everyone is so kind, welcoming, and accepting with every level of understanding and knowledge surrounding mental health topics. Not only that, but everyone is very respectful, and I felt as if I could fully express my thoughts without pressure or judgment from others.

- PATCH Youth Advocate

I like coming together with like-minded people from around the state and learning about what projects they are doing and how they are creating change.

- PATCH Youth Advocate

I was truly given the opportunity to use my voice to be an advocate in my community!

- PATCH Youth Advocate

PATCH allowed me to continuously seek change and expand my worldview.

- PATCH Youth Advocate

Being a part of PATCH has shown me more of the resources out there and that I can make a change by speaking up for the things that I believe in.

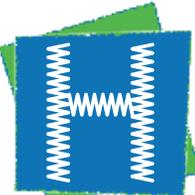
- PATCH Youth Advocate

My favorite thing about PATCH is getting to interact with many different people, from different backgrounds, with different views. I like discussing important issues with people who are just as passionate and knowledgeable as I like to be. It makes me feel safe and gives me hope for the future.

- PATCH Youth Advocate

PATCH has given me the boost I needed to polish my advocacy skills and get real-world experience. I've made invaluable connections and learned skills and lessons that I needed to learn in order to grow as a person. I have learned to speak up for myself, ask for help, and stop apologizing for my health. I've also learned to be more attuned to what others are thinking and feeling, and how to make meaningful and lasting connections. Basically, PATCH gave me a lifeline when I felt like I was sinking and has helped me pull myself to the surface and emerge as a stronger, kinder person.

- PATCH Youth Advocate

PATCH  [®]

Providers And Teens Communicating for Health

www.patchprogram.org