

# Core PATCH Package Impact Report



**July 1, 2018 - June 30, 2019**

The PATCH Program uses a simple online data sharing process to gather information from each of its PATCH Sites. The following is a summary of what was submitted between July 1, 2018 - June 30, 2019.

## Overview

**2** New PATCH Sites  
PATCH A&C Indy  
PATCH Oklahoma City

**5** Existing PATCH Sites  
PATCH Central Wisconsin  
PATCH Coulee Region  
PATCH Dane County  
PATCH for HOPE Buffalo  
PATCH Youth Rise of Clinton County

**86** Trained & Certified  
PATCH Teen Educators

**23** PATCH for Providers  
Workshops

**725** PATCH for Providers  
Workshop attendees

**24** PATCH for Teens:  
Peer-to-Peer Workshops

**414** PATCH for Teens  
Workshop attendees

## THRIVING

- Plan to have a well-visit/check-up with their health care provider every year (95%).
- Are more likely to try new things (90%).
- Plan to always have time alone with their health care provider – even if someone comes with them to the appointment (90%).
- Have (or will advocate for) a better relationship with their health care provider (88%).
- Are better at taking responsibility for their actions (83%).
- Are more willing to advocate for themselves (83%).
- Feel confident in their ability to manage their own health care (81%).
- Learned they can do things they didn't think they could do before (79%).
- Understand how their emotions affect their performance (76%).

## PATCH Teen Educators

In the following Positive Youth Development categories, over 75% of Teen Educators indicated "Yes, Definitely" or "Quite a Bit" that because of their involvement in PATCH, they...

### LEARNING

- Think more about their future (81%).
- Feel better about their future (78%).
- Think about who they are (75%).

### WORKING

- Are better at taking feedback (78%).
- Are better at solving problems (78%).
- Are better at finding ways to achieve their goals (75%).

### CONNECTING

- Made friends with someone of another gender (90%).
- Learned they had a lot in common with people from different backgrounds (86%).
- Have more respect of other cultures, races or ethnic groups than themselves (86%).
- Are better at listening to other people (83%).
- Are more aware that they sometimes have ideas about people that are not true (79%).
- Made friends with someone from a different social class (78%).
- Care more about other people (76%).
- Are better at telling others about their ideas and feelings (76%).

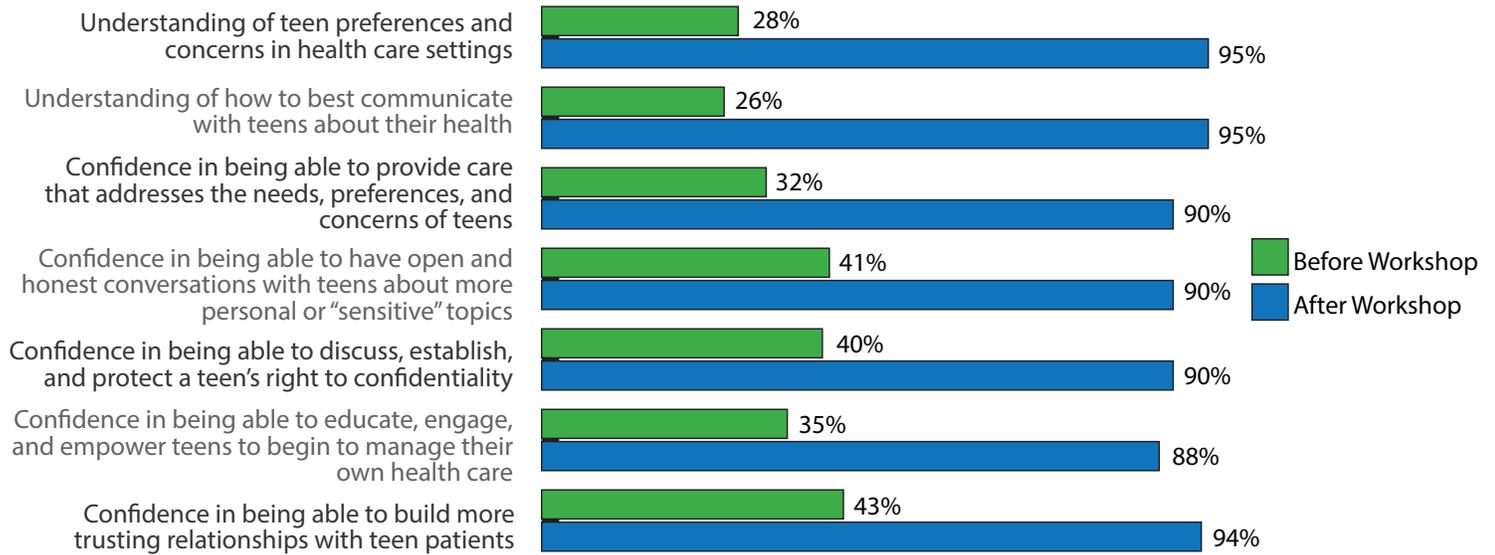
### LEADING

- Feel like they can make more of a difference (95%).
- Are better at speaking up for people who have been treated unfairly (88%).
- Better at standing up for what they believe (88%).
- Are a trusted resource to their peers (88%).
- Were able to do things they don't get to do elsewhere (88%).
- Are more of a leader (86%).
- Work better with others on a team (85%).
- Had an opportunity to lead a group of peers (85%).
- Learned to be patient with other group members (85%).
- Learned that working together requires compromising (83%).
- Learned how their emotions and attitude affected others (81%).
- Learned about the challenges of being a leader (81%).
- Are more comfortable speaking in public (80%).
- Are more interested in community and world problems (80%).

**90%** believe that PATCH has been a positive turning point in their life

# PATCH for Providers Workshops

## Percentage of workshop participants who self-reported "high" or "very high"...



**93%**

said they were "likely" or "very likely" to utilize the knowledge and resources gained from the PATCH workshop in their practice.

**92%**

said they were "likely" or "very likely" to change the way they interact and care for teens because of the PATCH workshop.

## What they told us 8-weeks later...

"The PATCH information provided makes me more confident in my ability to partner with teen patients to advance their health and well-being."

"I proactively discuss our clinic's confidentiality rights with my patients. I try to spend some time alone with my teen patients and I've been preparing some of my younger patients for the upcoming changes as they progress to adolescents."

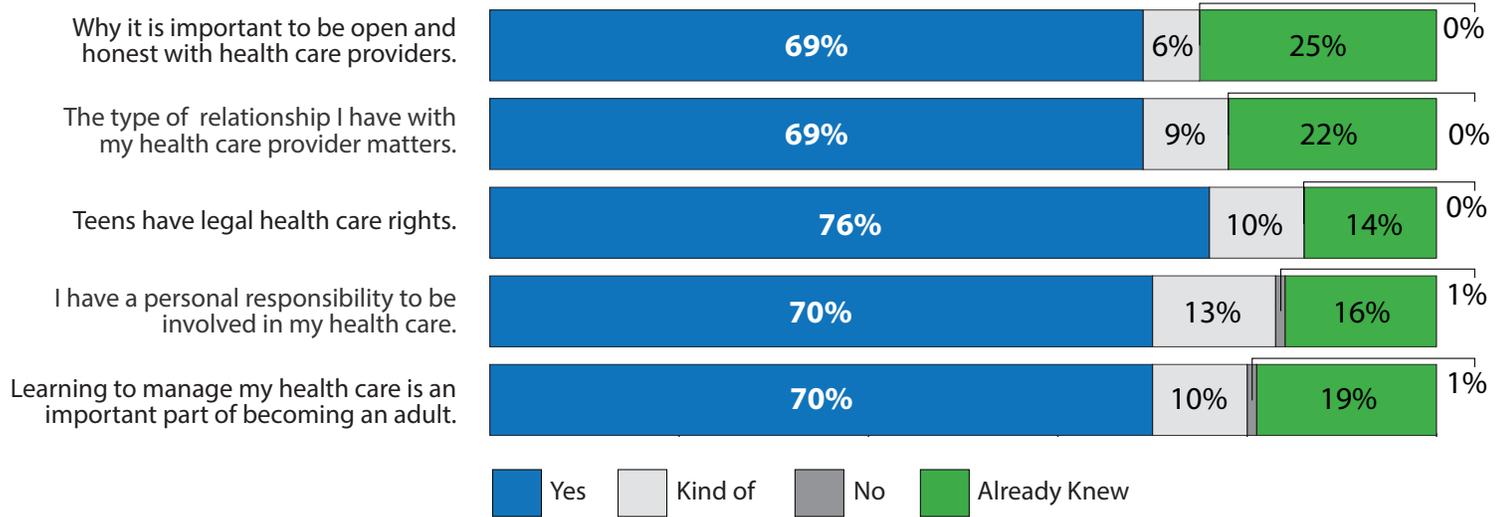
"We have put additional teen focused items in our clinic and [will be going] live with a new workflow with our teen well child visits. We have also educated staff on confidentiality and consent for teens."

**Overall rating = 4.49/5**

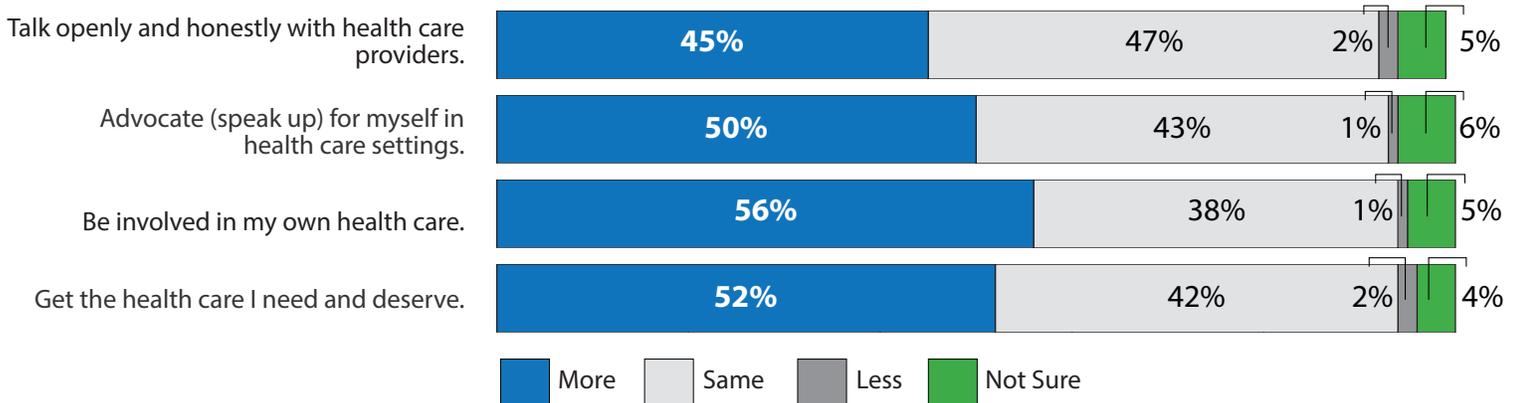


# PATCH for Teens: Peer-to-Peer Workshops

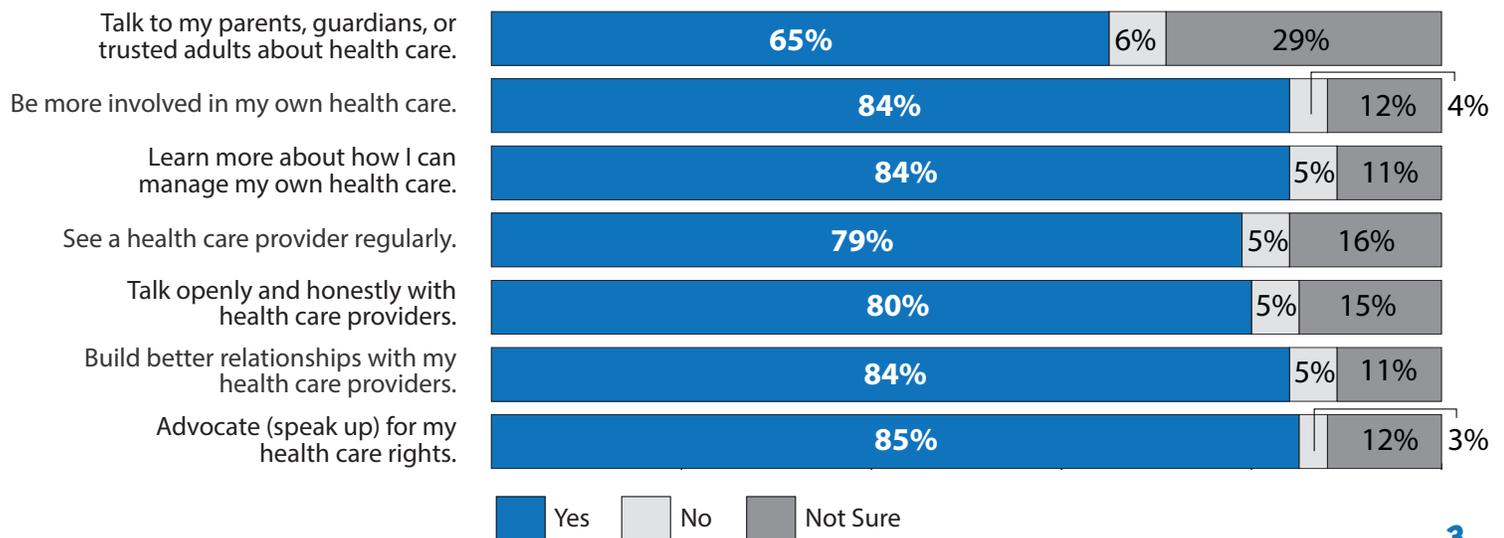
## Because of PATCH, I now KNOW...



## Because of PATCH, I am \_\_\_\_\_ CONFIDENT in my ability to...



## Because of PATCH, I PLAN to...



## PATCH for Teens: Peer-to-Peer Workshops (continued)

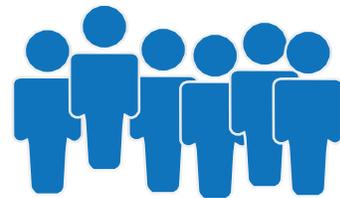
**54%** said they learned a lot from PATCH

**80%** said they liked learning from other teens

They thought the PATCH Workshop was...



Overall rating = 4.16/5

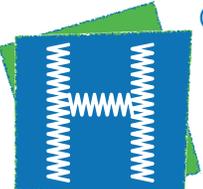


"PATCH has made me grow as a person in so many ways, I can't even begin to explain the impact."

"It's so nice to be in an environment where I can be myself and not feel judged. It is also a productive environment where I'm learning a lot, so I like that too."

"I liked getting to know others from different backgrounds who may be going through situations that I would've never thought of but are still someone's reality."

-PATCH Teen Educators

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Providers And Teens Communicating for Health

[www.patchprogram.org](http://www.patchprogram.org)