

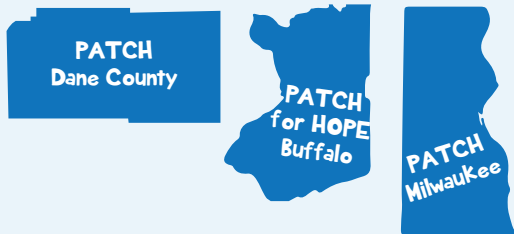
# Core PATCH Package 2017-2018 Impact Report



July 1, 2017 - June 30, 2018

## Overview

**3** Sites Implemented  
the Core PATCH Package



**30** Teen Educators  
were trained

**23** PATCH for Provider  
Workshops  
were delivered

**899** Health Care  
Professionals  
turned in evaluations

**43** PATCH for Teens:  
Peer-to-Peer  
Workshops  
were delivered

**851** Teens  
turned in evaluations

## PATCH Teen Educators

In the following Positive Youth Development (PYD) categories, over 2/3rds of Teen Educators self-reported **"Yes, Definitely"**.

Because of their involvement in PATCH, they...

### LEADING

- Were able to do things that they don't get to do anywhere else (91.3%)
- Had an opportunity to lead a group of peers (78.3%)
- Are better at standing up for what they believe (73.9%)
- Feel like they can make more of a difference (73.9%)
- Are more of a leader (69.6%)
- Work better with others on a team (69.6%)
- Are more comfortable speaking in public (69.6%)

### CONNECTING

- Got to know someone from a different ethnic group (91.3%)
- Made friends with someone of another gender (91.3%)
- Have more respect of other cultures, races or ethnic groups than me (78.3%)
- Learned they had a lot in common with people from different backgrounds (78.3%)
- Care more about young people of other cultures, races or ethnic groups (69.6%)

### THRIVING

- Have (or will advocate for) a better relationship with their health care provider (82.6%)
- Plan to always have time alone with their health care provider – even if someone comes with them to the appointment (82.6%)
- Plan to have a well-visit/check-up with their health care provider every year (82.6%)
- Are more willing to advocate for themselves (78.3%)
- Learned they can do things they didn't think they could do before (73.9%)
- Feel confident in their ability to manage their own health care (69.6%)
- Are more likely to try new things (69.6%)
- Are more confident in themselves (69.6%)

"PATCH has helped me step out of my comfort zone, be more social, and explore different types of activism."

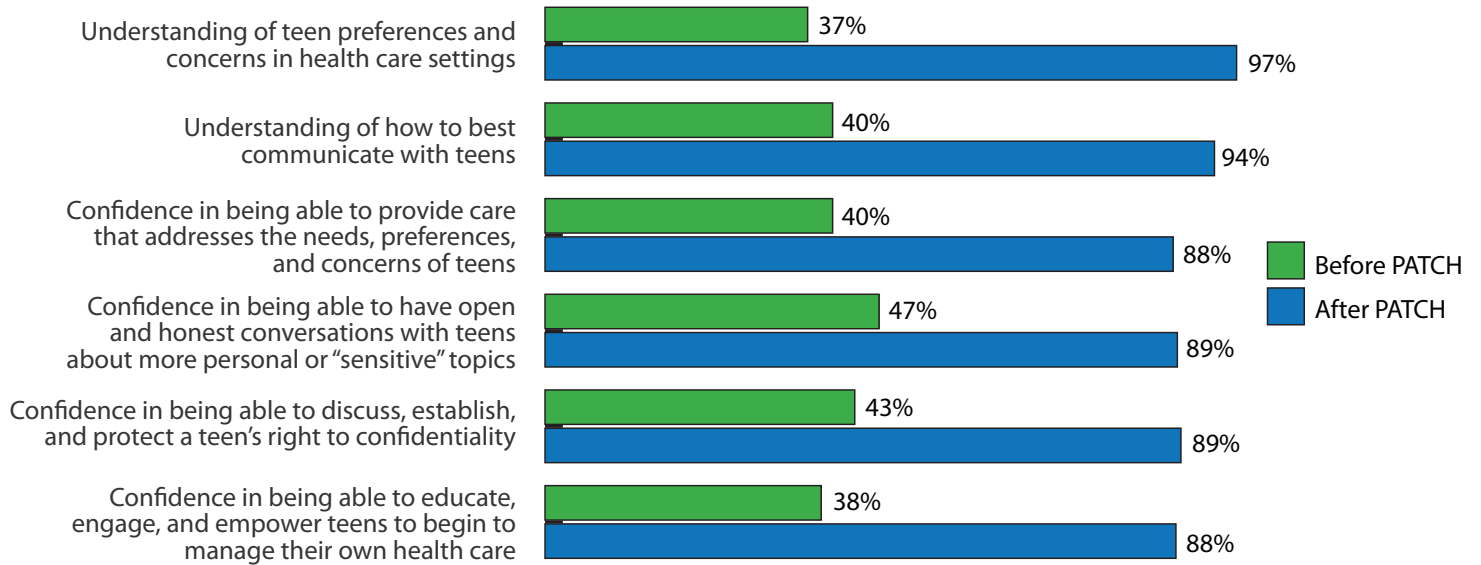
"PATCH empowered me. It made me feel capable and ready to get what I need from the world. It opened my eyes to so many injustices and problems in the world and gave me a good base of tools to change the world. It has given me experience as a leader."

"I like that I never feel judged and can talk about sensitive topics in a mature manner and I don't feel embarrassed or shy to ask questions that I couldn't ask about in a different work or school setting. Just the knowledge I have gained from PATCH will help me so much in so many different aspects of my life and I would never have learned so much in a space that wasn't totally comfortable and open and honest."

"PATCH also makes me feel really good about myself. Sometimes I stand back and think 'wow, I'm a part of this. I must be really cool.'"

# PATCH for Providers Workshops

## Percentage of workshop participants who self-reported "high" or "very high"...



**91%**

said they were "likely" or "very likely" to utilize the knowledge and resources gained from the PATCH workshop in their practice.

**85%**

said they were "likely" or "very likely" to change the way they interact and care for teens because of the PATCH workshop.

## What they said in 8-week follow-up...

"We have posted the confidentiality statement at our registration windows and we have been working to have a more "conversational" approach to doing our nursing intake vs. looking at our computer and typing."

"Hearing directly from the teens was amazing. I also really respected how the adult moderator stayed as far out of the conversation as possible, really letting the teens speak."

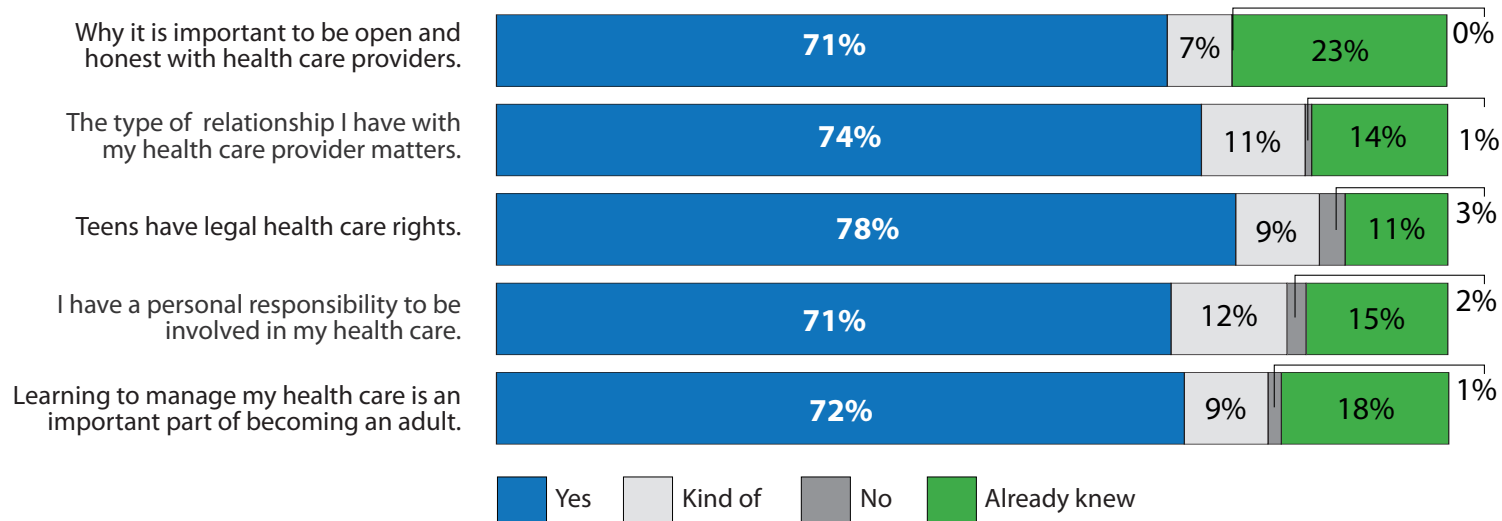
"I am more confident that I'm doing the right thing by being so honest with teens. I used to feel like I was doing something 'wrong' based on peer professional standards."

**Overall rating = 4.43/5**

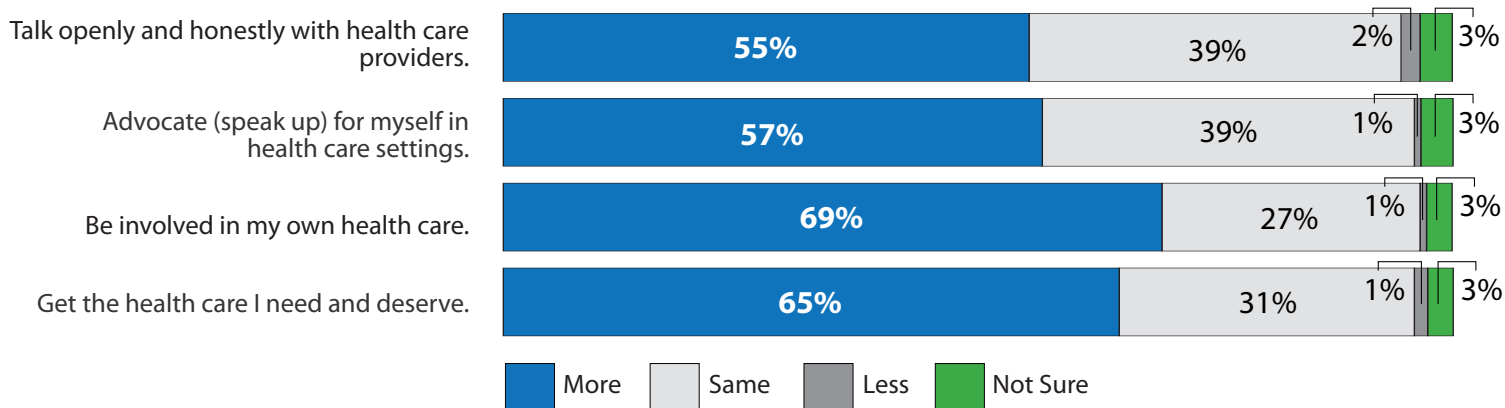


# PATCH for Teens: Peer-to-Peer Workshops

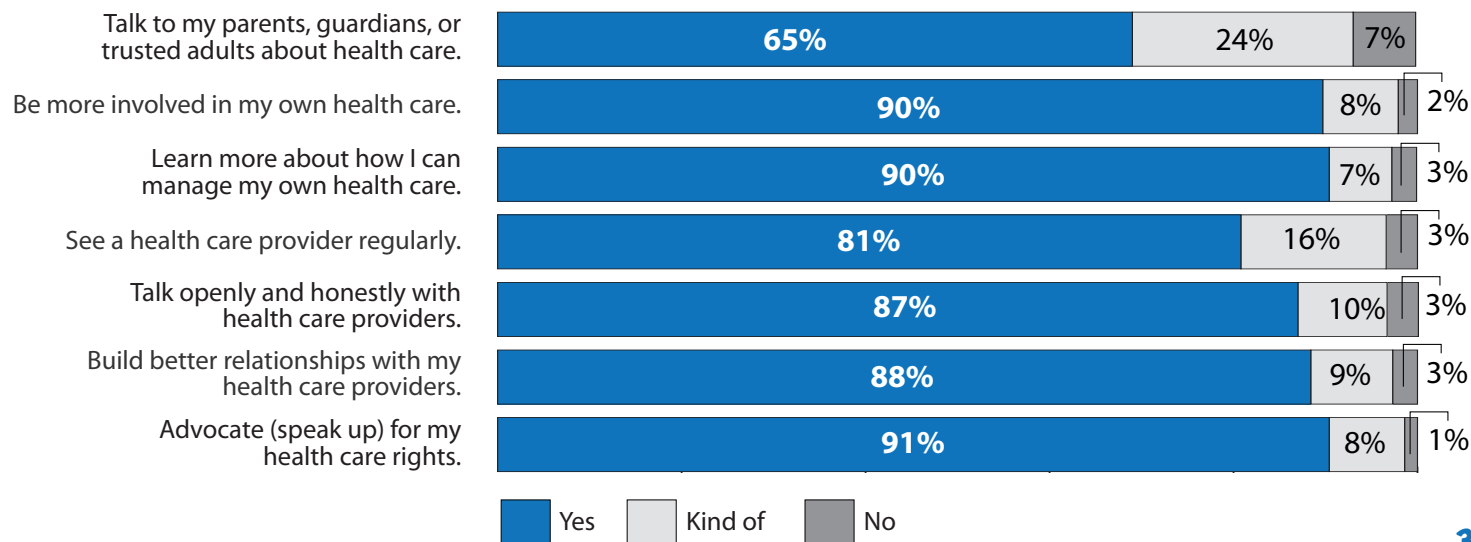
## Because of PATCH, I now KNOW...



## Because of PATCH, I am \_\_\_\_\_ CONFIDENT in my ability to...



## Because of PATCH, I PLAN to...

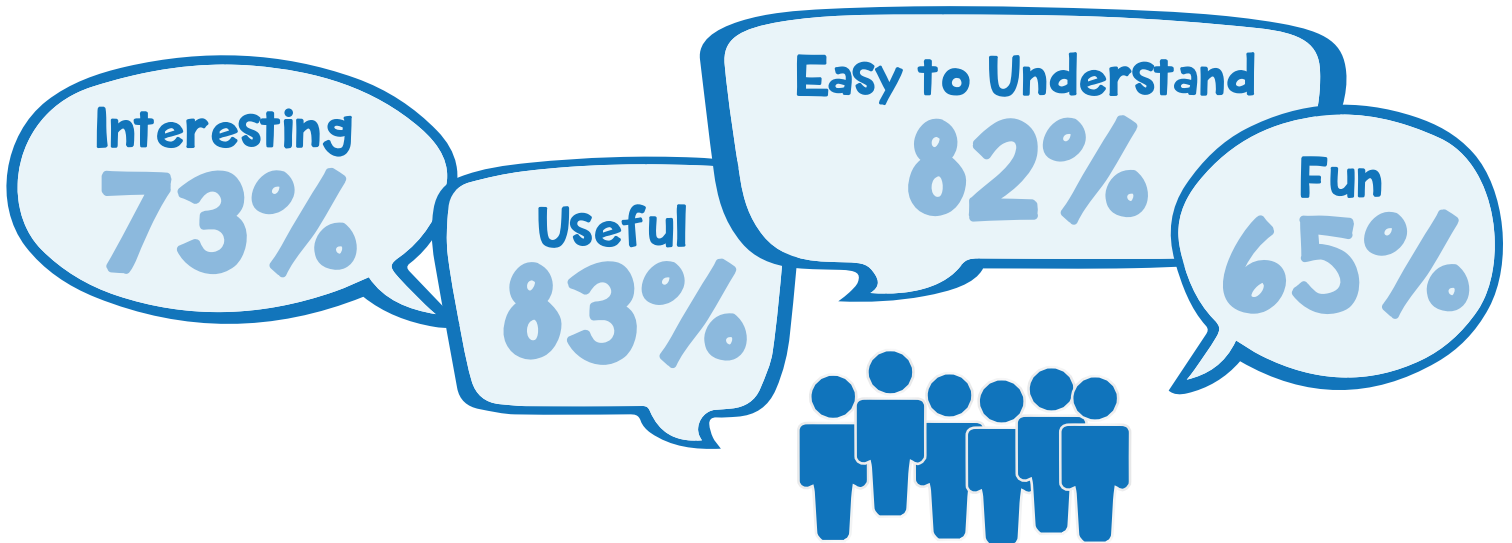


## PATCH for Teens: Peer-to-Peer Workshops (continued)

**69%** said they learned a lot from PATCH

**79%** said they liked learning from other teens

They thought the PATCH Workshop was...



Overall rating = 4.27/5



“PATCH has created such an empowering place for me, and I am extremely grateful for all the support I have received!”

-PATCH Teen Educator

**PATC**  <sup>®</sup>

Providers And Teens Communicating for Health

[www.patchprogram.org](http://www.patchprogram.org)